



# Your *Official* Beach Trip Packing List

## CLOTHES & ACCESSORIES

- Swimsuits
- Swim trunks
- Swim diapers
- Rash guards
- Shirts
- Shorts
- Skirts
- Sundresses
- Light sweater
- Sneakers
- Waterproof shoes
- Swimsuit coverup
- Sunglasses
- Hat

## ESSENTIAL BEACH GEAR

- Towels
- Umbrella or tent
- Beach tote
- Rolling bag
- Wet bag
- First aid kit

## TOILETRY BAG

- Toothbrush
- Toothpaste
- Facial cleanser
- Moisturizer
- Shampoo
- Conditioner
- Body wash/soap
- Nail clippers
- Deodorant
- Sunscreen
- SPF lip balm
- After sun care (aloe vera, hydrocortisone, calamine lotion)
- Allergy medication
- Pain reliever

## BEACH ACCESSORIES

- Goggles/Snorkeling gear
- Inflatable kayak (for lake beach)
- Beach lounge/chairs
- Pails and shovels
- Boogie boards
- Paddle/surf boards
- Instant camera

## FOOD & BEVERAGES

- Cooler
- Water
- Frozen fruit
- Cut fruit and veggies
- Cold main dish
- Dry and portable snacks
- Canned drinks
- Napkins
- Wet wipes

